

# Onancock Elks Lodge #1766

PO Box 219 Accomac, VA 23301 • (757) 787-7750

**5K Fun Run/Walk to benefit Area 19 Special Olympics Virginia Athletes**

For Office Use  
BIB #

Registration Fee	Additional Donation	Total Enclosed
\$25.00	\$	\$

**Make check payable to: Onancock Elks Lodge #1766 PO Box 219 Accomac VA 23301**

<b>GENDER</b>	FEMALE OR MALE	<b>How did you hear about this event?</b> <input type="checkbox"/> E-Mail <input type="checkbox"/> Friend <input type="checkbox"/> Facebook <input type="checkbox"/> Internet <input type="checkbox"/> Publication _____ <input type="checkbox"/> Radio _____ <input type="checkbox"/> Flyer @ _____ <input type="checkbox"/> Other _____
T-SHIRT Size	S M L XL XXL XXXL	
AGE on Race Day		
FIRST Name		
LAST Name		
Mailing Address		
City		
State		
Zip Code		
CELL Number		
email		
Emergency Contact		

## Event Waiver / Release of Liability (MUST BE SIGNED)

I know that running/walking in a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running and walking in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including cold and high heat and/or humidity, the conditions of the road/ sidewalks and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race director, volunteers, sponsors, the Onancock Elks Lodge #1766, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I will permit the use of my name and pictures in broadcasts, newspapers, brochures or other publications, etc.

**I UNDERSTAND THAT THE ENTRY FEE IS NON-REFUNDABLE.**

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Signature of Parent or Guardian  
If under the age of eighteen (18)